

East Coast Swing

Basic closed

Basic closed

Arch turn

Arch turn

L step

Arch out loop in

L step

Arch out loop in

Basic to open

Change of place

Behind the back

Change of place

Behind the back

Basic open

Cuddle

Basic open

Double overhead with hand slide

Reverse Cuddle

Hip Bump Combo

Loop in

Windmill (end closed)

Basic with left turn

Variation

Basic open

Arch turn – ¼ turn

American Spin

Stop and Go

American Spin

Stop and Go

Hammerlock

Pretzel

Change of place (only 1 triple)

Side by side passes (5 passes)

Loop in – end closed

THE END!

TEST DATES:

www.eastdance.yolasite.com

Written Test: Friday Oct. 14th

For the written test you will need to be able to write down the entire combination, know specifics of each step (which way you turn, when you change hand holds, etc.), be able to recognize each step, and know the history of the East Coast Swing.

Movement Test: Tuesday Oct. 18th

For the Movement test you will perform the dance with your selected partner and will have the option of going twice with a partner of your choice. You will be graded on the performance you feel you did best.